



Postpigmentation recommendations

Scalp

Pigmentation causing a small break in the skin, the care to be provided must begin the same day to avoid any complications.

Do not expose your skin to the sun or UVs for a week, if necessary, cover your head.

Avoid getting water on your head for the first 24 hours. Avoid submersion in water while showering for 5 to 7 days.

Avoid any source of irritation or infection, heat, humidity, sauna, steam room, swimming pool, hair dryer, bath etc.

Before starting any treatment, make sure you have clean hands.

Do not apply cream or exfoliator or harsh cleanser during the healing process **(5-10 days)**.

Sports activities such as weight training, aerobics should be postponed for a few days after the procedure.

Once the micropigmentation is done, the pigment begins to oxidize and this for 3-4 days, which makes the pigment darker, the initial color returns after a few days. The resistance of the pigments depends on the implantation but especially on your immune system.

Average hold is 18 months, but color may change, touch-up is needed every 12 months.

Do not scratch the area, do not tear off the small scales that may form, it may damage the skin or lead to loss of color.

If you have swelling or pain, you can apply ice.

No cream is needed.

In case of tightness, apply petroleum jelly or coconut oil.

It is normal to have swelling about 2 to 4 days after treatment, also to have small scabs and a feeling of tightness for 1 to 2 weeks.

If you have any other symptoms, please contact us.

The pigments are suitable for the face and are not permanent like tattoo ink.

The sun, extreme cold, repeated exfoliations, retinol, certain medications, fish oil in omega-3 are examples of factors that can reduce the longevity of permanent micropigmentation.

Very important to follow the recommendations to ensure optimal results