

Brows Aftercare



Do not use skincare
with active ingredients
for 2 weeks



Do NOT pick
or scratch!



Sleep on a clean
pillowcase
and on
your back



Avoid direct
sunlight/tanning for at
LEAST one week.
ALWAYS use sunblock
on your fresh brows!



No facials,
botox, laser
or peels for
at least 4 weeks



Avoid working out and
excessive sweating
for one week minimum



No plucking/hair
removal until brows
are FULLY healed